

# Aqualube

Forte

## Lubricating Eye Drops

### Carmellose 1% Eye Drops

1%  
10ml

#### Instructions for use

AquaLube-Forte lubricant eye drops is a viscous moisturizing lubricant for dry and tired eyes developed for rehydration and revitalizing the eyes. It helps in providing temporary relief from burning and irritation due to dry eye.

The product does not contain Benzalkonium chloride (BAK) preservative which may cause irritation and/or may adversely affect the dry eye.

#### 1. CONTENTS:

AquaLube-Forte lubricant eye drops contains Carmellose Sodium 1% (also known as a Carboxy Methyl Cellulose Sodium) with the safer preservative Stabilized Oxichloro Complex, in buffered isotonic system with neutral pH.

**Other Ingredients:** Sodium Chloride, Potassium Chloride, Calcium Chloride, Magnesium Chloride, Glycerin, Boric Acid, Borax.

#### 2. CONTRAINDICATIONS:

Hypersensitivity to Carmellose sodium or to any of the ingredients listed above.

#### 3. INTENDED USE:

AquaLube-Forte lubricant eye drops is a specially formulated for providing temporary relief from burning and irritation due to dry eye.

**Lubrication and Washing:** Supplements the aqueous layer of the natural tear film on the eye surface with additional water under conditions of significantly increased evaporation (due to external effects such as dry heat, air condition, etc.) and physically washes the eye surface (due to irritation caused by the external effects of dust, smoke, etc.)

**Osmoprotection:** Presence of compatible solutes in the solution helps restore the natural osmotic balance of the eye surface that is usually disrupted by external and non-pathological factors.

#### 4. DIRECTION FOR USE:

Place 1 or 2 drops in the eye(s) as needed.



Get the AquaLube-Forte lubricant eye drops bottle and mirror.

- Wash your hands.
- Take the bottle and twist off the cap.
- After cap is opened, remove the tamper evident snap collar.
- Hold the bottle, pointing down, between your thumb and middle finger.
- Tilt your head back. Pull down your eyelid with a clean finger, until there is a 'pocket' between the eyelid and your eye. The drop will go in here (picture 1).
- Bring the bottle tip close to the eye. Use the mirror if it helps.
- Don't touch your eye or eyelid, surrounding areas or other surface with the dropper. It could contaminate the drops left in the bottle.
- Gently press on the base of the bottle to release one drop of AquaLube-Forte lubricant eye drops at a time.
- Don't squeeze the bottle, it is designed so that just a gentle press on the bottom is needed (picture 2).
- If you use drops in both eyes, repeat the steps for your other eye.
- Put the bottle cap back on firmly immediately after use.
- If a drop misses your eye, try again.
- White particles may appear on eye lashes post administration of product if the product oozes out of the eyes. Wipes areas around eye with clean cloth soaked in lukewarm water after administration of AquaLube-Forte lubricant eye drops if needed.

#### 5. PRECAUTIONS:

- Do not use if allergic to any of the ingredients.
- The dropper tip remains sterile till the bottle is opened
- To avoid contamination or possible eye injury, do not touch bottle tip to any surface and avoid contact with the eye.
- Close the bottle tightly immediately after use.
- Once opened, discard any unused solution after 1 month.

- Do not use after expiry date indicated on the carton & bottle.
- Do not use if package is damaged or the tamper evident seal is broken.
- Discard the solution if it becomes cloudy or brown.
- Store in a dry, dark & well-ventilated place at a temperature not exceeding 25°C.
- Allow 15 minutes between the administration of other eye drops.
- Remove contact lenses before use.
- Consult your doctor, pharmacist or optician before you use AquaLube-Forte Lubricating eye drops if:
  - You are pregnant or breast feeding
  - You are suffering from any other eye disease or disorder
  - You are using any other medicine in your eye.

#### 6. SIDE EFFECTS:

**Common:** Eye irritation (Including burning and discomfort), eye pain, eye pruritus and / or visual disturbance.

Blurring of vision immediately after use. Do not operate machinery, use electric tools or drive a car until clear vision is restored.

In the event that you experience side effects not mentioned in this leaflet, or if there is prolonged irritation or severe visual disturbance or any change in your general health, consult your doctor immediately.

#### 7. EXPECTED GROUP OF PATIENTS FOR OCULAR LUBRICATING & COMFORT SOLUTION:

Children above the age of 5 years, adult & geriatrics population, who are affected by dry eye (such as soreness, burning, irritation or dryness) or dry eye syndrome.

Dry eyes syndrome, also known as chronic dry eye is characterized by a reduced ability to form tears or a reduction in the quality of those tears.

#### 8. Warning:

If you experience any problems with this product please discuss with your pharmacist, GP or eye care specialist. Do not soak or disinfect your lenses in AquaLube-Forte Lubricating eye drops.

#### 9. INSTRUCTION FOR DISPOSAL:

The device should be disposed as per prevailing regulations where the device is used.

#### 10. HOW SUPPLIED:

Aqualube-Forte Lubricating eye drops is supplied in 10ml in pack size in a plastic bottle.

- KEEP OUT OF SIGHT AND REACH OF CHILDREN
- DO NOT SWALLOW SOLUTION
- NOT FOR INJECTION
- FOR EXTERNAL USE ONLY

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2803

- Temperature Limitation
- Do not use if package is damaged
- Do not Re-use
- Do not Re-sterilize
- Attention, See Instructions for use
- Method of sterilization using aseptic processing techniques
- Keep away from sunlight
- Manufacturing date
- Lot number
- Should not be used after specification month & date
- Authorized representative in the European community
- Reference number



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