

Aactiwax Sodium Bicarbonate Ear Drops 10ml

Please keep and read this leaflet carefully because it contains important information for you. Ask your pharmacist if you need any more information or advice.

HOW DO THEY WORK? WHAT ARE THEY FOR?

- Sodium Bicarbonate Ear Drops are used to soften and help remove hardened wax from the ear canal.
- Ear wax is an oily substance produced to protect the eardrum. The amount of wax produced varies from person to person.
- Excessive, hardened ear wax is quite common. It causes problems when it builds up and blocks the ear canal. The first symptom is usually a feeling of discomfort and fullness in the ear. This can become painful and cause dizziness and some loss of hearing if left untreated.
- The ear drops act physically to gently soften ear wax. Normally this is enough to encourage the ear wax to dislodge from the ear canal and fall out naturally (e.g. at night when you are laying down). If the drops alone are insufficient, their softening action makes it easier for a doctor or nurse to remove the ear wax using techniques such as ear syringing (irrigation).
- The ear drops are suitable for use by **adults, the elderly and children**. A doctor should be consulted before use in children under the age of 5 years to confirm that a build-up of ear wax is present.

COMPOSITION PER ML

Sodium Bicarbonate BP 5% w/v

Also Contains:

Glycerol BP and Purified Water BP

BEFORE YOU USE THE EAR DROPS

Do not use Sodium Bicarbonate Ear Drops

- If you are allergic (hypersensitive) to any of the ingredients listed under above composition per ml.
- If you have history of ear problems, unless you are using it under the close supervision of your doctor, nurse or pharmacist.
- If you are also putting anything else in the ear (such as other ear drops or a hearing aid).
- If you have had your ear syringed in the last 2 to 3 days.
- If your ear drum is (or has been) damaged.
- If you suffer from dizziness.
- If there is anything else wrong with your ear such as pain, swelling, discharge, infection or tinnitus (ringing sounds in the ear).
- If you have tried to remove the ear wax using fingernails, cotton buds or other implements. (This is because you might have damaged the delicate inner lining of the ear, leading to swelling or infection.) This could make it painful to use the ear drops.
- **If the ear drops get into the eyes:**
- Take care to avoid the ear drops getting in your eyes.
- If this happens, rinse the eye immediately with water for 10 to 15 minutes, holding the eyelids apart and avoiding the rinse liquid in the other eyes.
- Tell your doctor, nurse or pharmacist if irritation persists.

Using other medical products and hearing aids:

- It is important not to use Sodium Bicarbonate Ear Drops while you are putting anything else in the ear (such as other ear drops, ear medicines or a hearing aid).
- Sodium Bicarbonate Ear Drops are not known to affect, or to be affected by, any other kinds of medicines that you may be using.
- **If you use more of the ear drops than you should**

Do not worry if you use too much. Simply wipe away any surplus running from the ear with a tissue.

INSTRUCTIONS FOR USE

- Open the ear drops bottle by breaking the safety seal and tighten the cap to pierce the nozzle.
- Tilt the head sideways with the affected ear uppermost; place the 3-4 drops into the ear.
- Allow a few minutes for the drops to stay in the ear and repeat in the other ear if required.
- Use the drop twice a day for up to seven days.
- Follow instructions of doctor, nurse or specialist to ensure successful removal of wax.
- Avoid touching the ear with the dropper tip.
- Never insert any sharp or any solid object into ear.

CHILDREN UNDER 5 YEARS

- Advised to consult medical practitioner or should receive direct medical supervision.
- Use in pregnancy
- Sodium Bicarbonate Ear Drops can be used in the ear to soften wax during pregnancy and breast feeding.

DOSE

- 3-4 Drops in an ear.

STORAGE

- Store below 25°C.
- Do not freeze.
- Keep tightly closed.
- Keep out of the reach and sight of children.

DISPOSAL

- Discard the drops 28 days after first opening.

PACKAGING

- Sodium Bicarbonate Ear Drop comes ready for use in plastic dropper bottle.



	Warning
	Lot No.
	Use By
	Manufacturer
	Please follow the instructions for use
	The product satisfies the General safety and Performance Requirement according to Regulation (EU) 2017/745 of the European Parliament and of the Council of 5 th April 2017.
	Conformity with the applicable requirements for product sold with in Great Britain.
	Medical Device
	Not Injectable
	Do not use if the bottle is damaged.
	Store below 25°C.
	Keep away from sunlight



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